



Meal Plan

mon

Egg Sandwiches
Ryan

Soup and Bread
Adam

tues

Yogurt and Granola
Ellie

Mac + Cheese + Hot dogs
Anna

wed

Oatmeal Casserole
Anna

Sandwiches + Chips
David

thur

Toast + Cottage Cheese
David

Spaghetti Sydney
Ryan

fri

Cereal
Adam

Baked Potatoes
Ellie

sat

Egg Casserole

Hearty Salad and Toast

Sun

Cinnamon Rolls

Mashed Potatoes and
Gravy

